

MILITARY & VETERANS SECTOR UPDATE

CORONAVIRUS
DISEASE 2019 (COVID-19)

FRIDAY, SEPTEMBER 11, 2020



Thank you to everyone who was able to join us for this week's telebriefing for military, veterans, and their families!

TELEBRIEFING SCHEDULE UPDATE:

Our telebriefings will now take place every second and fourth Thursday of the month.

Make sure you join us Thursday, September 24 from 10 - 11 AM for another online forum and Q&A. To submit your questions in advance, [click here](#).

Special Thanks to our September 10th Telebriefing Guests:



Daniel Romero
Senior Program Director
San Diego Military Family
Collaborative & Social
Advocates for Youth (SAY)
San Diego



Keith Goosby
Regional Work & Family Life
Coordinator
Navy Region Southwest

County Resources for Military & Veterans



Visit our [County site for Military/Veterans/Families and Serving Organizations](#)

General COVID-19 Frequently Asked Questions – [Click here](#)

Military and Veterans-Specific Frequently Asked Questions – [Click here](#)

Remembering 9/11

The County of San Diego Military and Veterans Sector would like to take time to remember and honor those who lost their lives on September 11, 2001. We will [Never Forget](#) the friends and loved ones we lost and those who risked their lives that Tuesday morning 19 years ago. Thank you to our brave first responders who dedicate their lives to keeping us safe and to our brave men and women in uniform who defend our country and freedom.

In Case You Missed It...



The San Diego Military Family Collaborative (SDMFC) has provided ten years of support and service to the military and veteran connected community of San Diego County. SDMFC is a program initiative, led by SAY San Diego, to enhance military family life by connecting the San Diego nonprofit community and supporters of the military and veteran community to one another. SDMFC's mission is to support and strengthen the military-connected community through education, advocacy, and engagement and allow families to easily navigate programs and services when faced with the challenges of military family life.

SDMFC meets nine times a year and coordinates eight annual military spouse transition workshops, quarterly capacity-building workshops for organizational members, quarterly parent/student forums focused on community safety, health, and wellness, and bi-monthly messaging featuring available programs, services, and events for military and veteran families. For more information on SDMFC and their programs and services, please visit www.sdmilitaryfamily.org/ or follow their Facebook page at www.facebook.com/sdmilfam/.

Navy Region Southwest Fleet & Family Readiness Program is a regional team dedicated to providing a full range of quality products and services that enhance their customers' lives in support of mission readiness and retention. The Fleet & Family Readiness Programs (FFR) is responsible for policy development, resourcing and oversight of quality of life programs for active-duty military, reservists, military retirees and their families. The FFR offers programs in dining services, fleet, family, and child programs, housing, and morale, welfare, and recreation. For more information on Navy Region Southwest, visit navylifesw.com, facebook.com/NavyRegionSouthwest/ or call (866) 923-6478.



Events and Announcements

Courage to Call is hosting another drive-thru feeding event at 10 a.m. on Saturday, Sept. 12 at the 9445 Farnham St., San Diego, 92123. Food is distributed on a first come, first serve basis. No RSVP Required, but please bring your Military/Veteran ID.

SDVC Monthly Meeting active duty military, veteran's and their families are invited to attend the San Diego Veteran's Coalition's next monthly meeting at 8:30 a.m. on Friday, Oct 2. For details, visit sdvetscoalition.org.

County Opens Local Assistance Center for Valley Fire

The County will be opening a Local Assistance Center to help residents affected by the Valley Fire starting at 10 a.m. Saturday, Sept. 12 at the County Library's Rancho San Diego branch at 11555 Via Rancho San Diego in El Cajon.

The Local Assistance Center is designed to make it as easy as possible for residents to start the recovery process by giving them one place to receive help and information from numerous agencies. The center is initially scheduled to operate from 10 a.m. to 6 p.m. on Saturday and Sunday, and from 11 a.m. to 7 p.m. on Monday.

To read the full *County News Center* story, [click here](#). For the latest emergency updates, [click here](#). To register for San Diego's emergency mass notification system, [click here](#).

Mental Health Resources

Courage To Call. Every day, current and former service members and their families deal with the complex maze of issues that accompanies military life. Often times the most difficult problem is not knowing where to turn when you need help. Courage to Call is a free, confidential, veteran-staffed, 24/7 helpline dedicated to assisting active duty military personnel, veterans, reservists, guard members, and their families, regardless

of discharge status. For more information or to chat with a veteran, visit www.courage2call.org, or call 1-877-698-7838, or 2-1-1.

The County's Access and Crisis Line (ACL) is confidential, toll-free, and available 24/7. If you or someone you care about is experiencing a suicidal or mental health crisis, please call 1-888-724-7240.

VA Veteran Suicide Prevention and Crisis Line, 1-800-273-8255 and Press 1 to talk to someone, or Send a text message to 838255 to connect with a VA responder.

The National Suicide Prevention Lifeline, 1-800-273-8255, provides 24/7, free and confidential support for people in distress, and prevention and crisis resources for you or your loved ones.

More resources to help you manage mental health and cope during the COVID-19 pandemic can be found [here](#).



Additional County of San Diego COVID-19 telebriefings are available throughout the week (via Zoom) for a variety of community sectors. For information, updates, and Q&A with other sectors, view the full telebriefing schedule [here](#).

COVID-19 Resources



To request English or Spanish posters for your installation, please e-mail COVID-Military-Veterans@sdcounty.ca.gov with your contact information, drop-off location, and delivery instructions. A member of our Outreach & Education Team will contact you to coordinate delivery and obtain any additional details (if necessary).

Additional resources and materials are available [here](#) for your use.

Continue to Stay Informed



[County Coronavirus Website](#)



[Resources for Military, Veteran's & their Families](#)



[Resources & Materials](#)



[Testing Information](#)

